#### Istituto Universitario di Studi Superiori di Pavia PhD program in Computational Mechanics and Advanced Materials



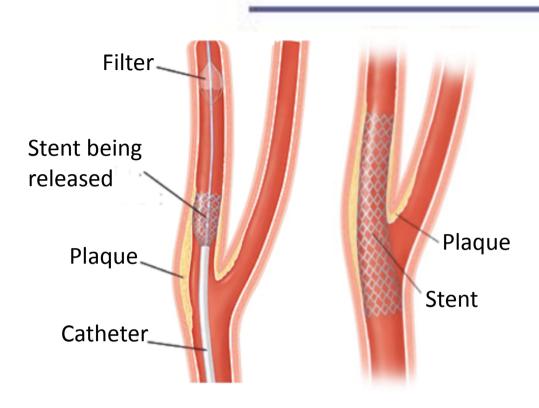
# Advanced modeling of stents: from constitutive modeling to biomedical (isogeometric) analysis.

#### Mauro Ferraro

Supervisor: Prof. Alessandro Reali Coadvisors: Prof. Ferdinando Auricchio

Dr. Simone Morganti

## Carotid Artery Stenting (CAS)



#### **Benefits**

- Minimally-invasive approach
- Reduced hospitalization costs

#### **Issues**

- Prediction of long-term performance
- Influence of stent design

#### The importance of stent design

#### - Closed cell stent

Lower free cell area

Less flexible

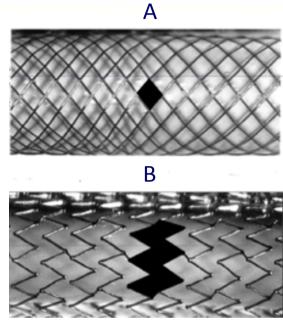
High radial strength

#### - Open cell

Higher free cell area

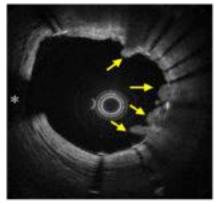
More flexible

Low radial strength



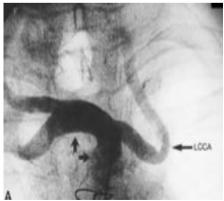
A: closed-cell; B: open-cell [Eskandari, 2010, JEVT]

# Minimize the plaque prolapse (Vessel scaffolding)



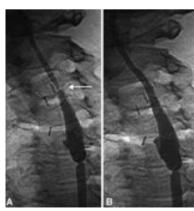
Prolapse imaging[Tearney 2012]

Guarantee sufficient **flexibility** for a safe deployment



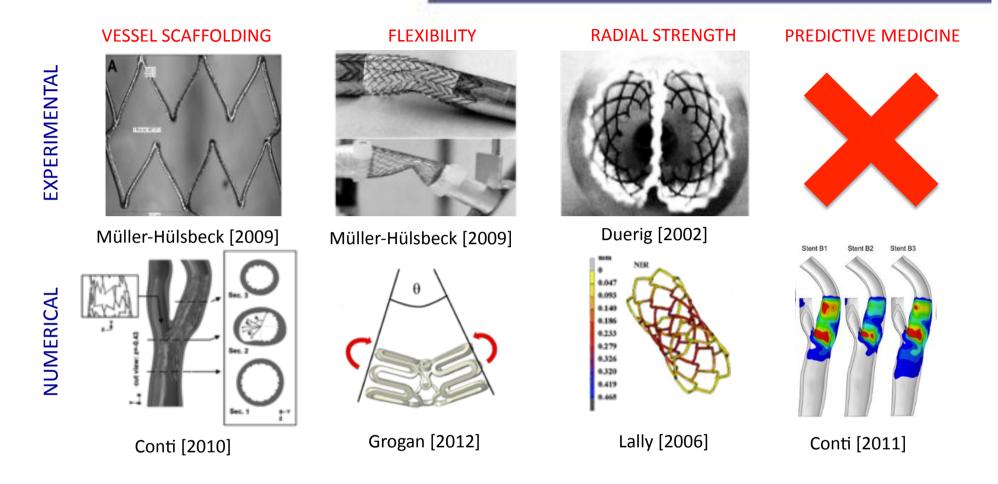
Tortuous vessel in elder patient

# Provide sufficient **radial strength** to minimize the elastic recoil



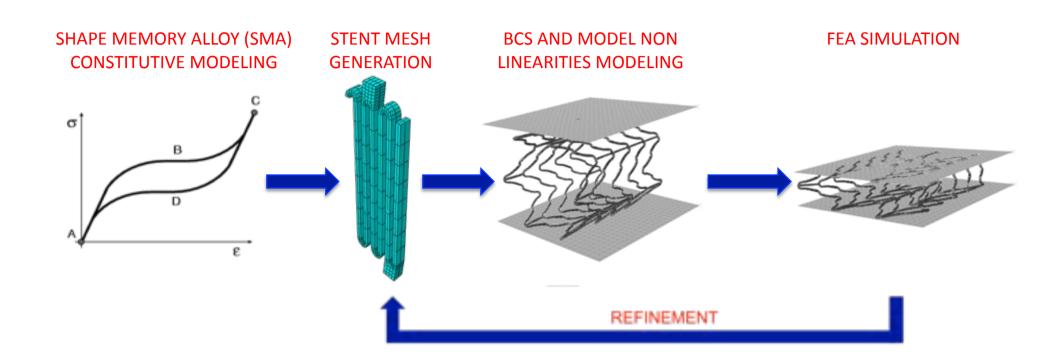
in-stent restenosis [Chakhtoura 2001]

#### Experimental vs. Numerical approach

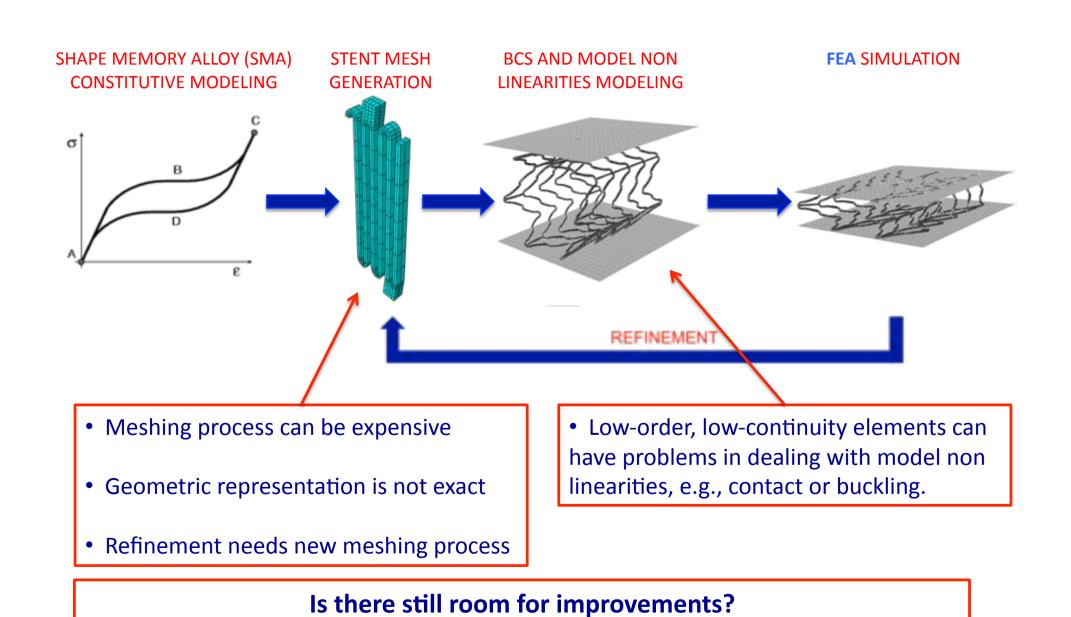


Modern computational methods (tipically based on FEA) make possible to test different combinations of materials, geometries and working conditions prior to prototype manufacturing or when the traditional experimental approach is too expensive or difficult to implement

# Carotid artery stent FEA simulations



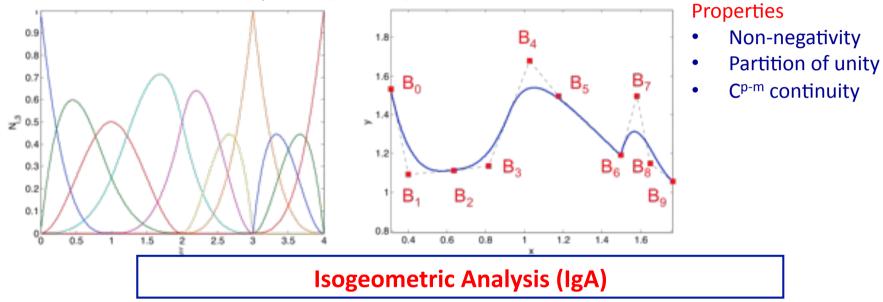
#### Carotid artery stent FEA simulations



#### Idea (Hughes et al. 2005)

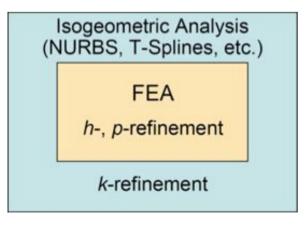
Extract geometry file from commercial CAD modeling software and use it **directly** in commercial FEA software (**TO AVOID MESHING PROCESS**)

Non uniform rational B-splines (NURBS) basis functions

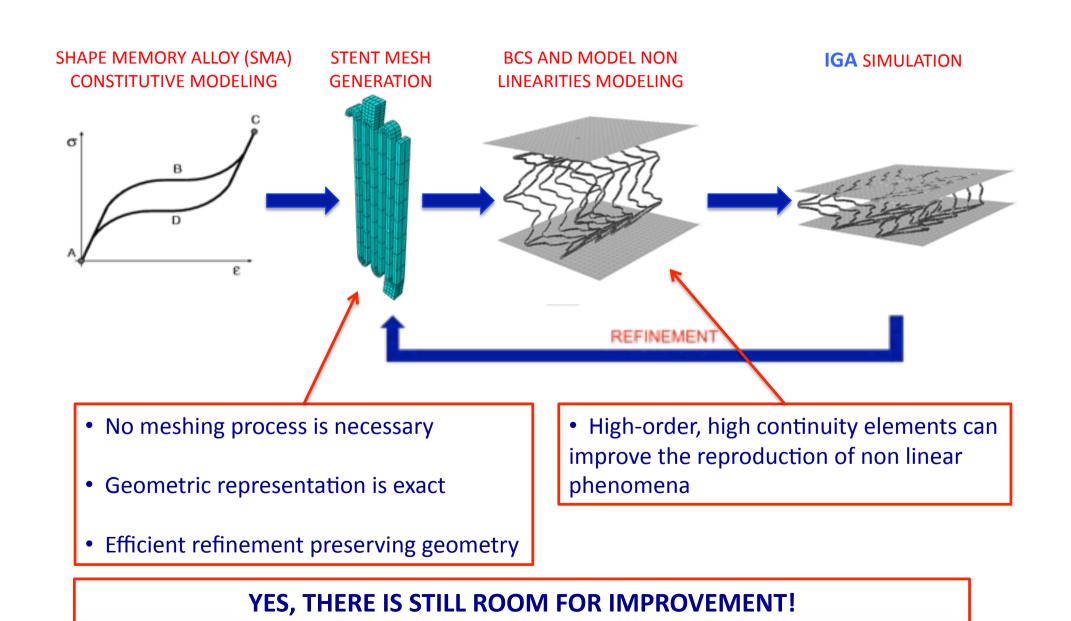


Cost-effective alternative to standard FE analysis (based, e.g., on NURBS), *including FEA as a special case*, but offering other possibilities:

- precise and efficient geometric modeling;
- superior approximation properties;
- simplified mesh refinement;



### Carotid artery stent IGA simulations



#### Aim of the doctoral research

Ultimate goal: provide a set of IgA based numerical tools to efficiently evaluate the principal features of different SMA self-expanding carotid artery stents.

Study 0: development and testing of a set of reliable constitute models to predict the non linear, inelastic shape memory alloys behavior

Study 1: FEA simulations for the evaluation of carotid stent scaffolding

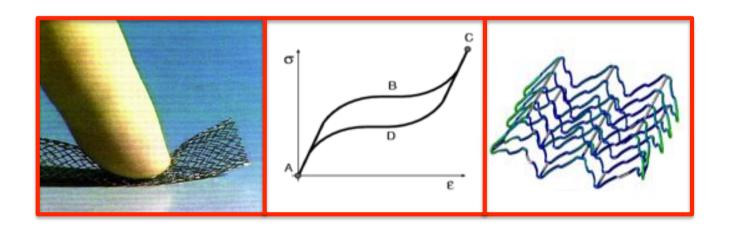
Study 2: set up of a novel framework based on IgA to investigate the carotid stent flexibility and to compare the numerical performance with respect to FEA

Study 3: extension of the proposed IgA framework to include frictionless contact modeling

# Study 0

# Shape memory alloys constitutive modeling

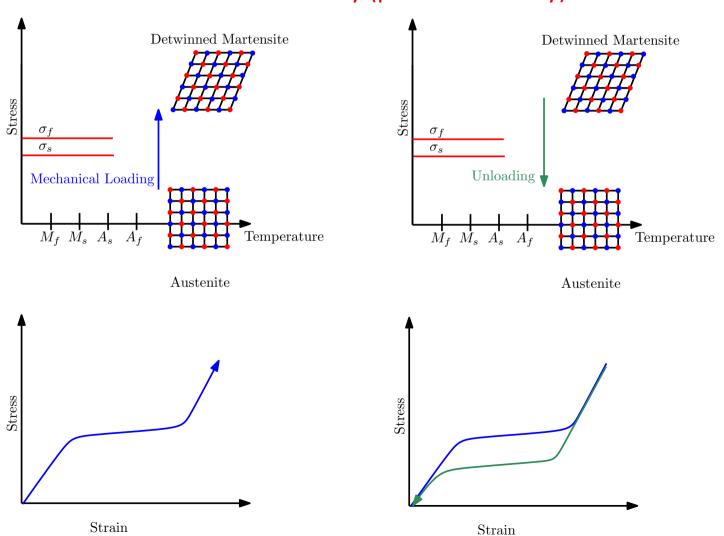
Work derived from a collaboration with FEOPS (Gent University, Belgium)



## Shape memory alloys: pseudoelastic effect

The majority of carotid artery stents are made of NiTiNOL, the most employed shape memory alloy (SMA) for engineering applications.

#### Mechanical recovery (pseudoelasticity)



## Shape memory alloys constitutive modeling

#### Motivation

In the last years SMA have been deeply investigated from the point of view of modeling,

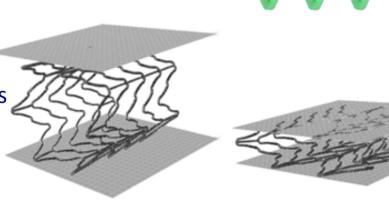
analysis, and computation

#### Issues:

- Complex material behavior
- Numerical treatment of non-smooth problems

#### Objective

- Present the structure of two SMA constitutive models investigated during the doctoral research
- Calibrate the models starting from experimental data
- Investigate the behavior of both models with simple benchmarks and real life **FEA** test



#### Shape memory alloys constitutive modeling

Souza model [Souza et al. 1998, Auricchio and Petrini, 2004] STUDY 2 STUDY 3

Control variables: strain  $\varepsilon$ , temperature T

Internal variables: transformation strain etr

Thermodynamic potential: additive decomposition + Helmhotz free energy

**Large deformation – Small strain regime** 

Implementation: ABAQUS UMAT - FEAP UMAT

Auricchio-Taylor model [Auricchio and Taylor 1997, Lubliner and Auricchio, 1996] STUDY 1

Developed within the generalized plasticity framework

Control variables: strain  $\varepsilon$ , temperature T

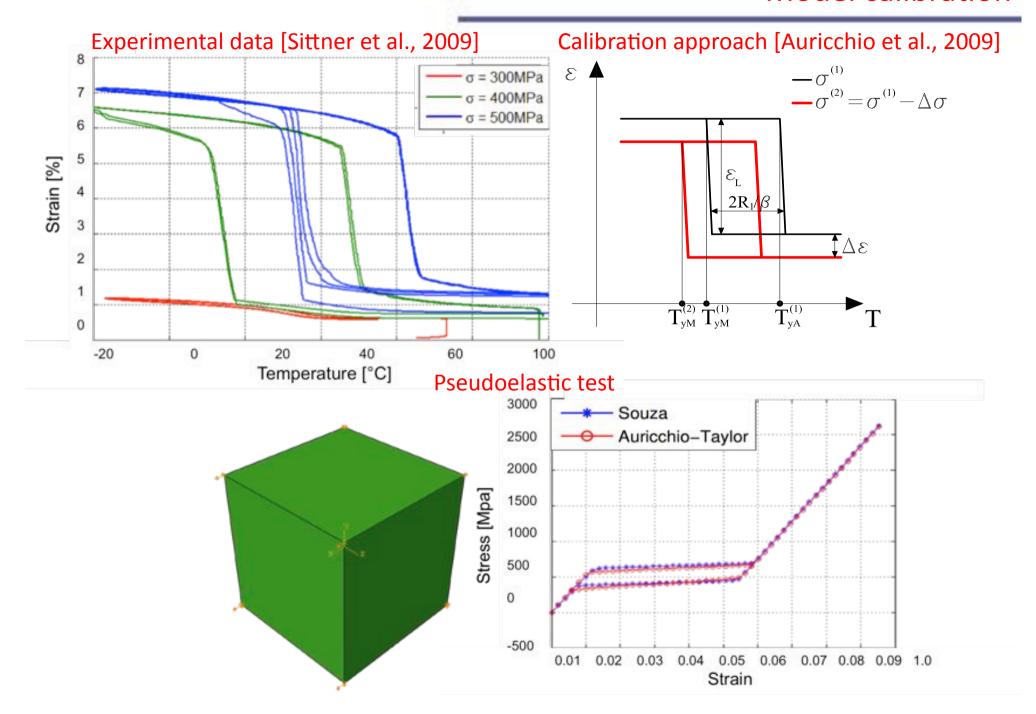
Internal variables: transformation strain  $\mathbf{\varepsilon}^{tr}$ , single variant martensite volume fraction  $\xi_{S}$ 

Thermodynamic potential: multiplicative decomposition + quadratic elastic free energy function

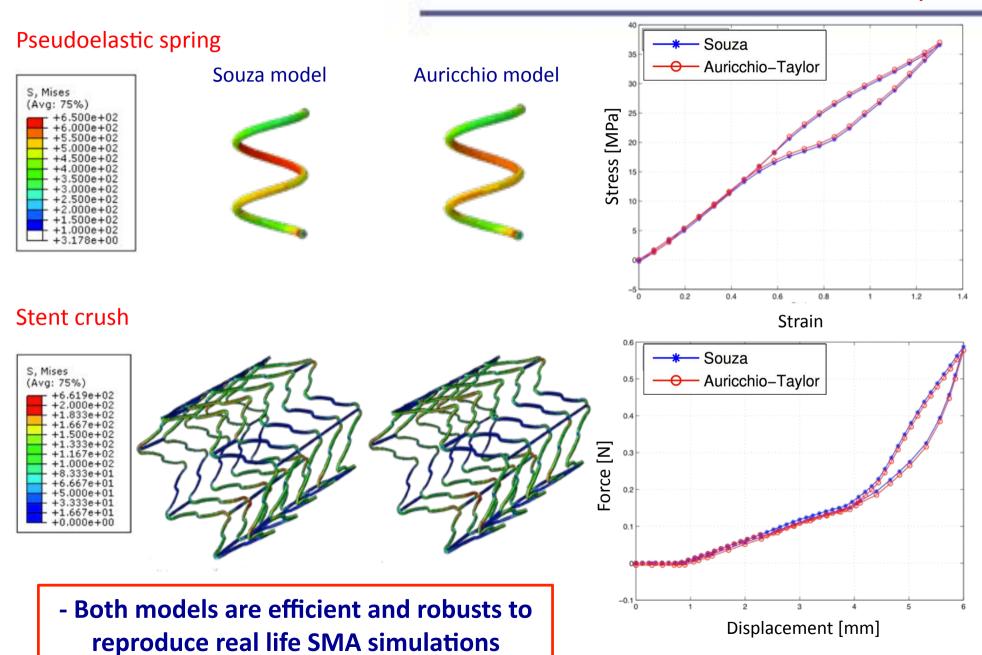
**Large deformation – Large strain regime** 

**Implementation: ABAQUS BUILT-IN MATERIAL** 

#### Model calibration



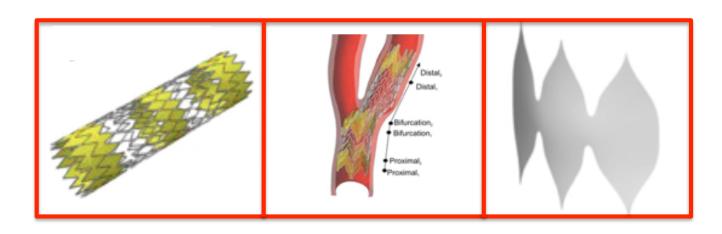
#### Numerical examples



# Study 1

# Vessel scaffolding evaluation for carotid artery stents: a FEA-based approach

Evaluation of carotid stent scaffolding through patient-specific finite element analysis *International journal for numerical methods in biomedical engineering* 28(10), 2012



#### Stent scaffolding evaluation: a FEA-based approach

#### Motivation

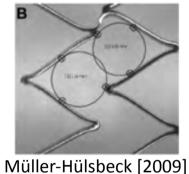
Scaffolding: stent capability to support the vessel wall after stenting

#### Evaluation techniques:

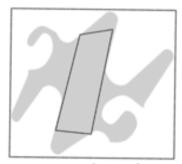
- Largest fitted-in circle
- Cell area measure
- Prolapse index

#### **ISSUES**

Free expanded configuration only Planar projection







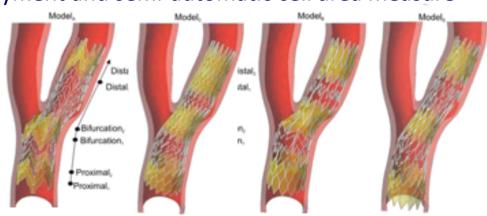
Capelli [2009]

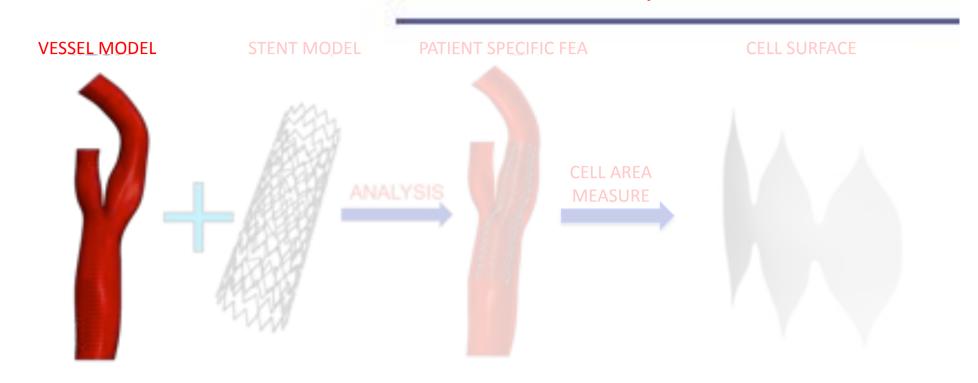
#### Objective

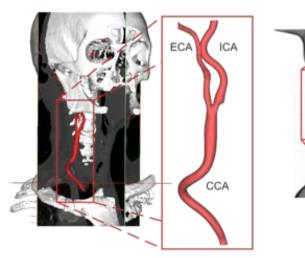
Patient-Specific **FEA** of stent deployment and semi-automatic cell area measure

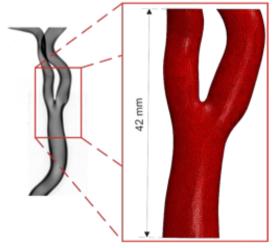
Model A: Open cell Model B: Closed cell Model C: Open cell

Model D: Hybrid design



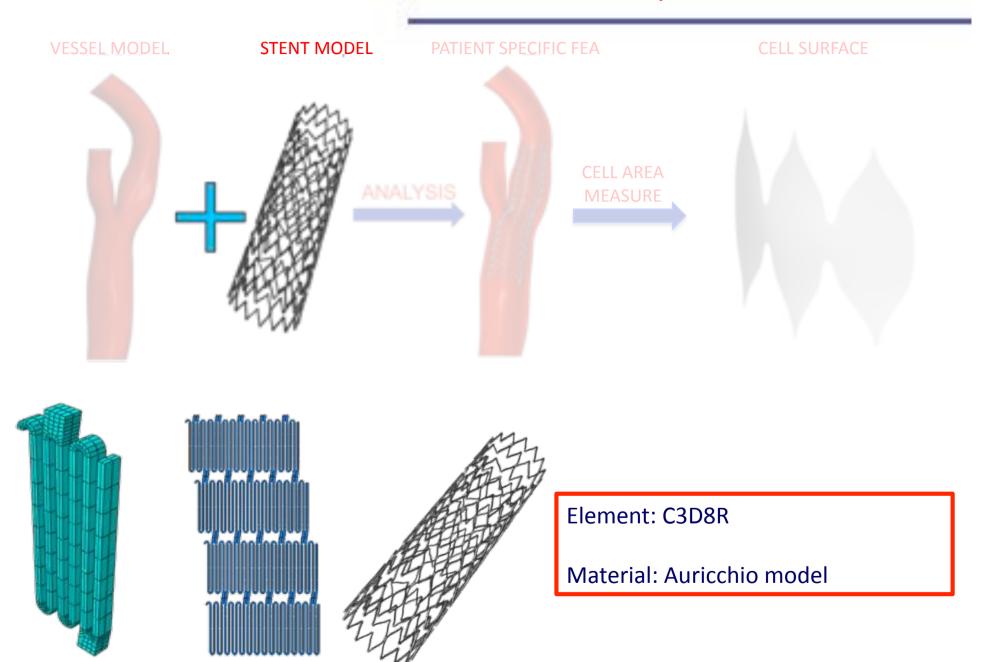


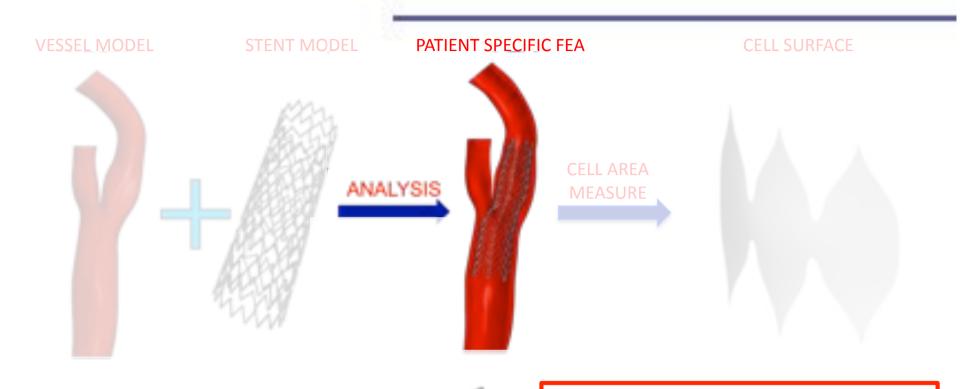




Element: C3D10M

Material: Hyperelastic

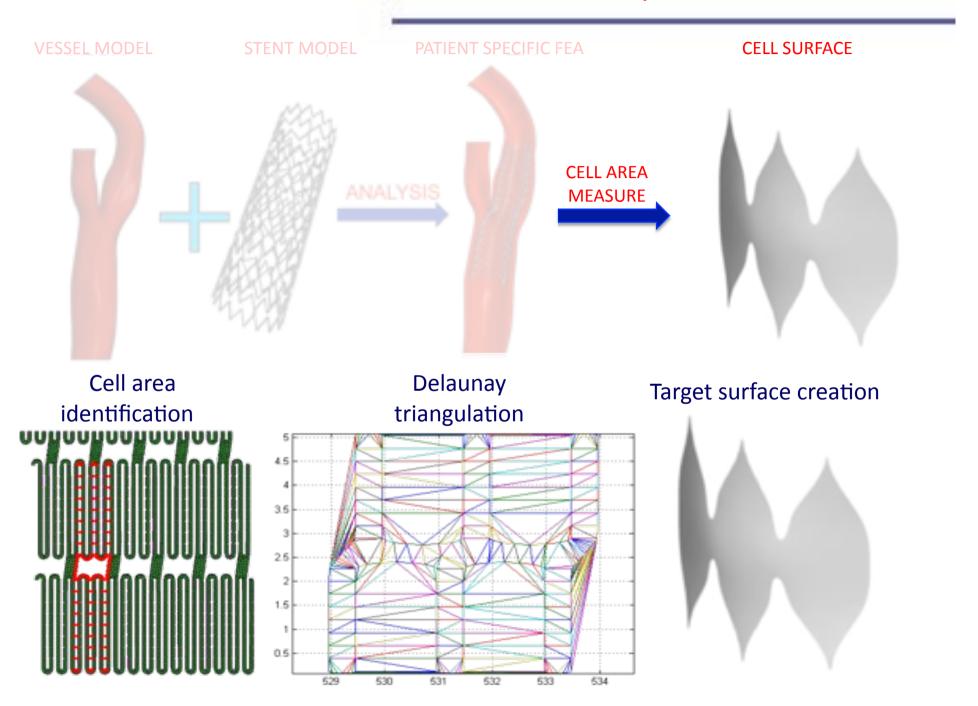




- Quasi-static analysis (Abaqus/ Explicit)
- Large deformations and contact

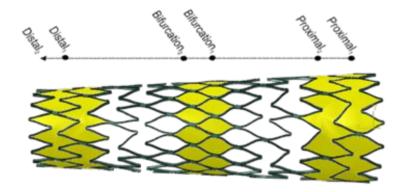
Two steps simulation:

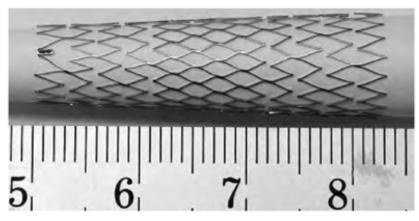
- crimping
- releasing



#### Validation step (Model D)

Experimental data coming from the work of Müller-Hülsbeck

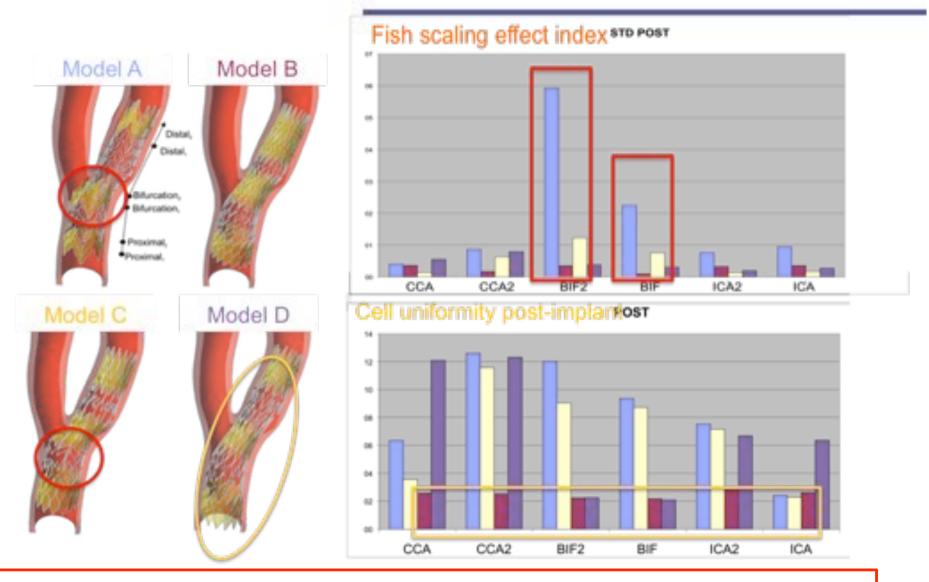




| Stent<br>segment         | Model<br>[mm²] | Müller-Hülsbeck et al., 2009 |
|--------------------------|----------------|------------------------------|
| Proximal <sub>1</sub>    | 15.8 ± 0.1     | 13.5                         |
| Proximal <sub>2</sub>    | 16.3 ± 0.24    |                              |
| Bifurcation <sub>1</sub> | 3.4 ± 0.12     | 3.3                          |
| Bifurcation <sub>2</sub> | 3.3 ± 0.1      |                              |
| Distal <sub>1</sub>      | 11.7 ± 0.1     | 12.4                         |
| Distal <sub>2</sub>      | 11.0 ± 0.1     |                              |

Numerical and experimental results are in good agreement

#### Results



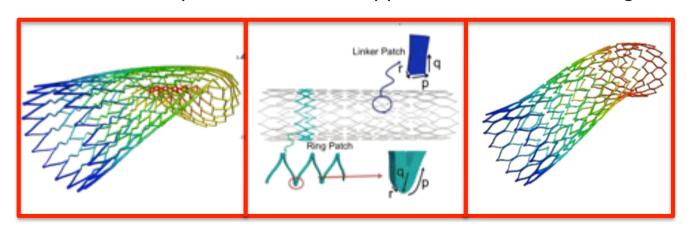
-TRADITIONAL TECHNIQUES ARE VALUABLE TOOL TO EVALUATE SCAFFOLDING
- PATIENT-SPECIFIC FEA CAN HELP TO PROVIDE ADDITIONAL INFORMATION TO
CLINICIANS AND MANUFACTURERS

# Study 2

# Stent bending modeling: a comparison between FEA and IgA

Collaboration with Prof. Robert L. Taylor, University of California Berkeley

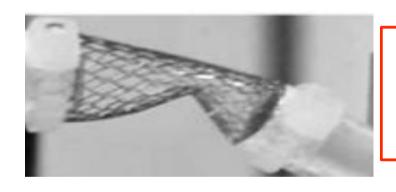
Innovative and efficient stent flexibility simulations based on isogeometric analysis, Submitted to Computer Methods in Applied Mechanics and Engineering



# Stent bending: a comparison between FEA and IgA

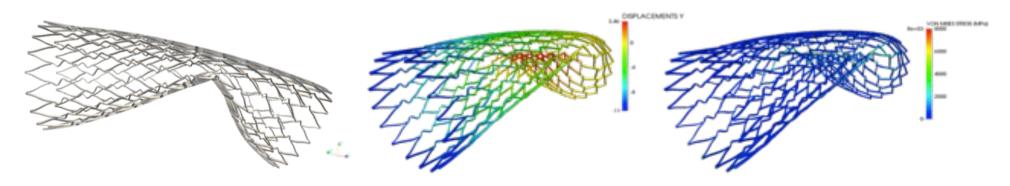
#### Objective

- Establish a **novel**, **fast** and **accurate** computational framework, based on IgA, to evaluate the flexibility performance of endovascular stents
- Compare FEA and IgA performance on stent bending analysis

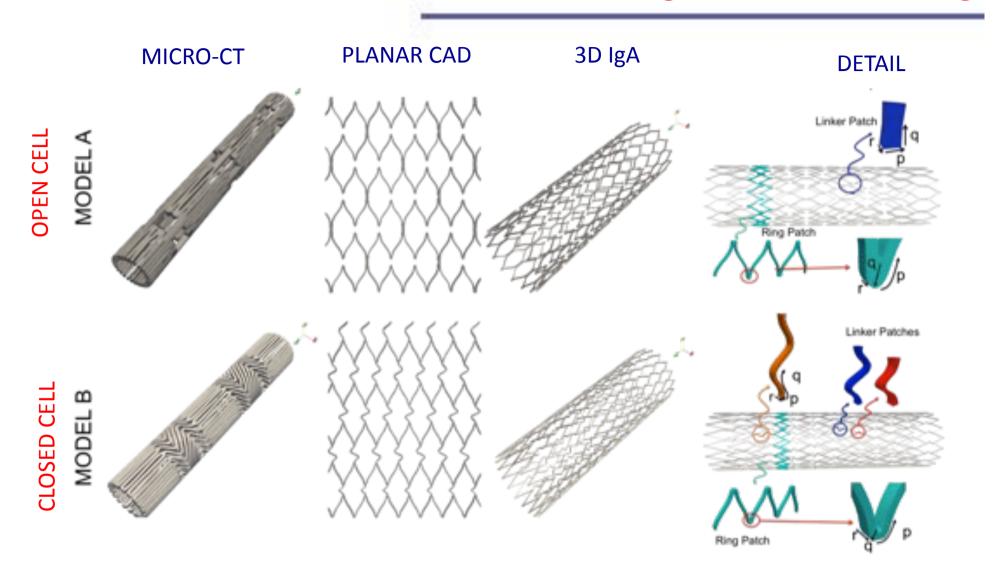


#### Experimental benchmark:

Cantilever beam test (Müller-Hülsbeck et al., 2009).



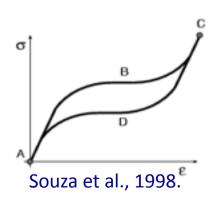
# Stent geometric modeling

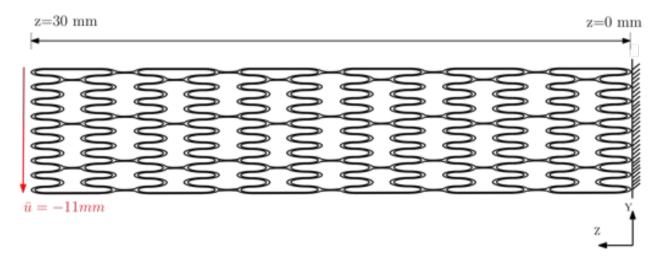


Note: for closed-cell stent bending, buckling is expected to be an important issue

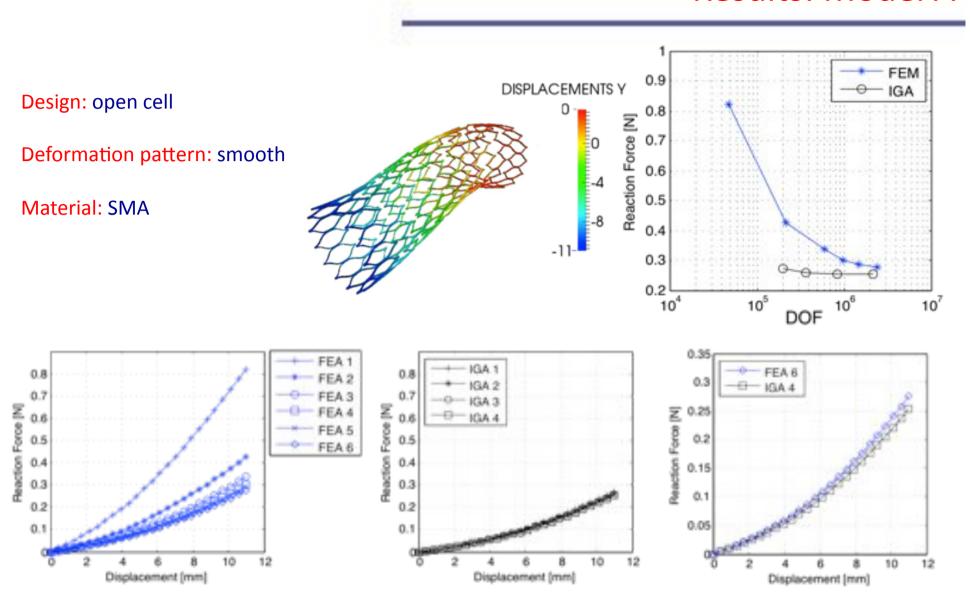
### Analysis setup

- FEAP: Finite Element Analysis Program
  - Primarily for research & educational
  - Based on the Finite Element Method
- FEAP Isogeometric package for NURBS blocks or T-splines
  - Geometric linear and non-linear problems
  - Static and transient analysis
  - Solid (displacement based and mixed) + shell (Kiendl et al. 2009)
  - Linear and non-linear constitutive models (Souza model UMAT).
  - 8 h-refined FEA meshes and 4 k-refined IgA meshes



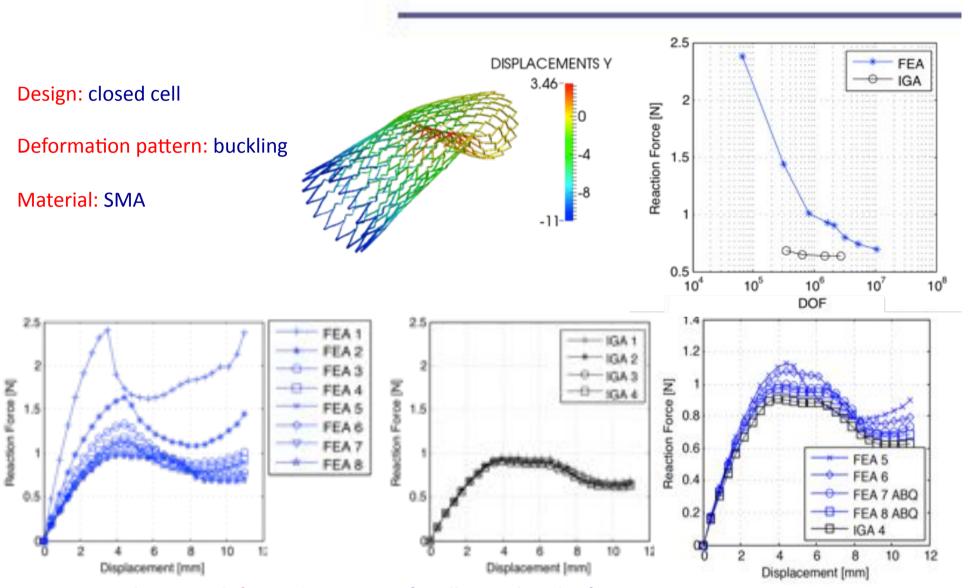


# Results: Model A



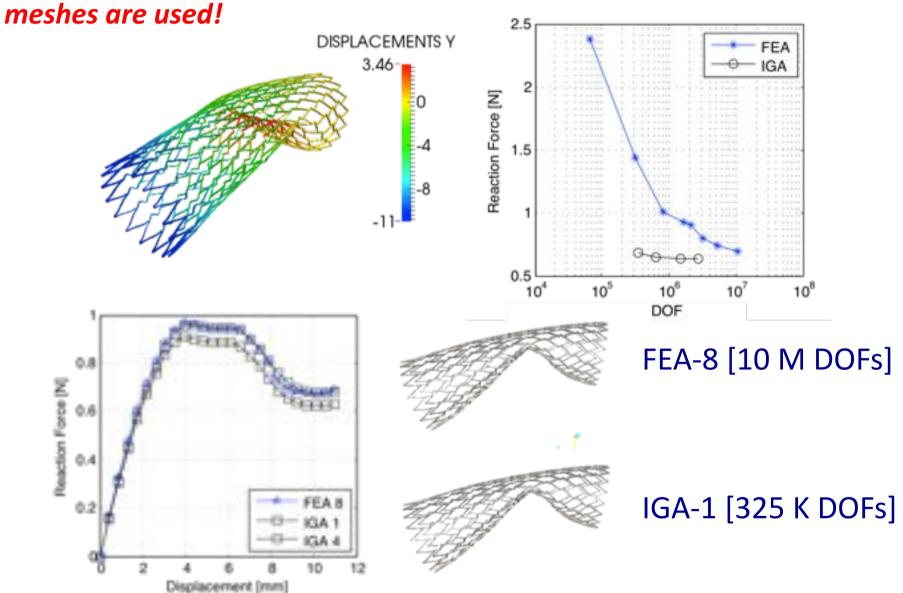
- IgA presents an average gain of over one order of magnitude in DOF number with respect to FEA
- The coarsest IgA mesh (directly from CAD, no refinement) has better behavior than finest FEA

## Results: Model B

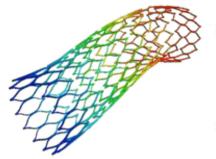


- IgA presents the same deformation pattern for all considered refinements
- FEA up to F-5 presents only one stage of local buckling, F-6 recovers the Iga deformation pattern

FEA does not catch the correct physical behavior unless very fine

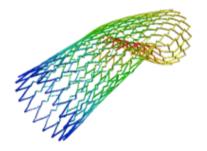


# **Results: Computational times**



|         | Mesh label | DOF       | # CPU | Solver | Total analysis time |
|---------|------------|-----------|-------|--------|---------------------|
| 4       | IgA-1      | 204,525   | 1     | FEAP   | 47 min              |
| Model A | FEA-6      | 2,473,875 | 1     | FEAP   | 6 h 55 min          |

9 times slower!



|         | Mesh label | DOF        | # CPU | Solver          | Total analysis time |
|---------|------------|------------|-------|-----------------|---------------------|
| B       | IgA-1      | 346,413    | 1     | FEAP            | 6 h 41 min          |
| Model B | FEA-8      | 10,622,016 | 8     | Abaqus/Standard | 26 h 23 min         |

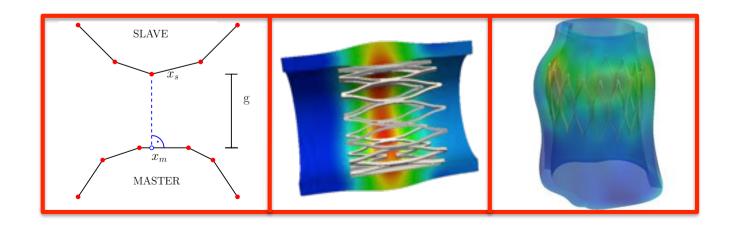
4 times slower despite 8 processors versus 1!

-IgA IS FASTER, MORE ACCURATE AND MORE EFFICIENT THAN LINEAR FEA
-TO REPRODUCE COMPLEX STENT BENDING BEHAVIOR

# Study 3

# IgA-based contact mechanics: from basics to real life applications

Collaboration with Prof. Robert L. Taylor, University of California Berkeley and Prof. Laura de Lorenzis, Braunschweig University



# From Node-to-segment to Knot-to-segment (KTS)

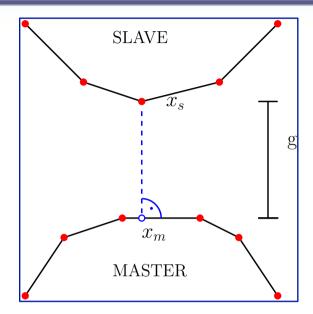
FEA: Node-to-segment approach

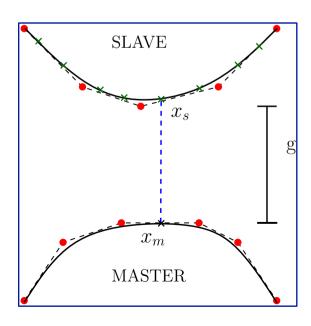
- Non-exact surface description
- Non-smooth basis functions
- Collocation of the contact constraint at nodal points



IgA: Knot-to-segment approach

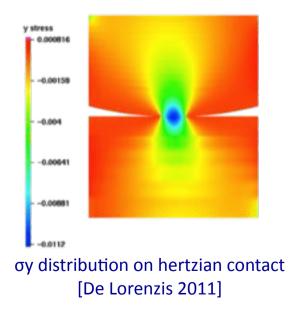
- Exact surface description
- Smooth basis functions
- Collocation of the contact constraint not at nodal points, i.e. gauss points on contact facets

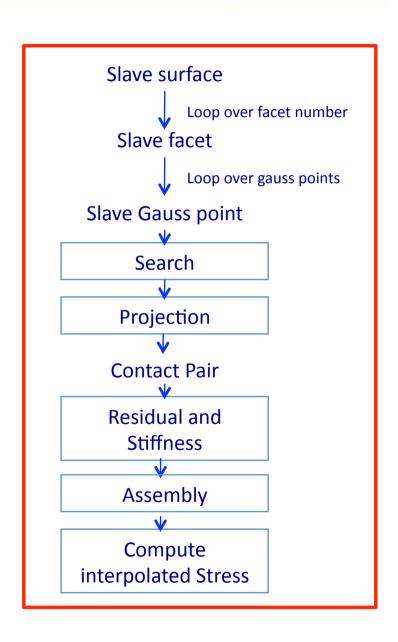




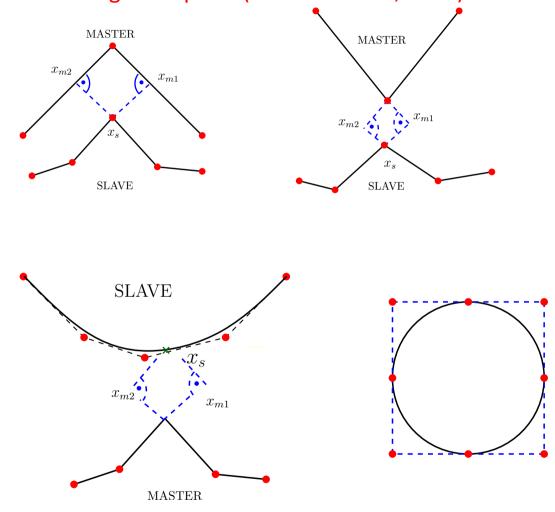
# Contact element 06 (De Lorenzis et al. 2011)

- 3D KTS NURBS driver
- Gauss Point (slave) to segment (Master) contact
- Frictionless
- Constraint imposition: Penalty method





Knot-to-edge exception (Pimienta et al., 2009)





#### Uszawa algorithm

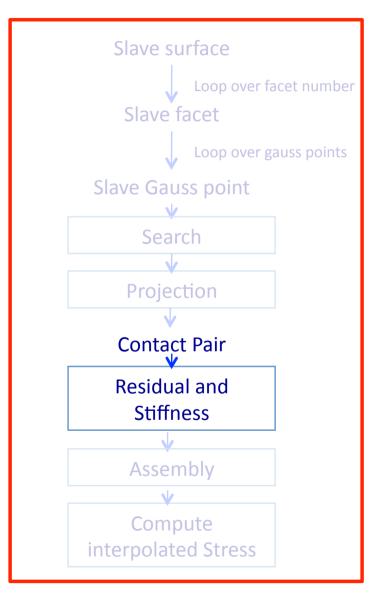
From penalty 
$$C_c^P = \int_{\Gamma_c} k \cdot g \cdot \delta g \, dA$$

To Uszawa algorithm 
$$C_c^P = \begin{cases} \int (\overline{\lambda} + k \cdot g) \delta g \, dA \\ \overline{\lambda}_{NEW} = \overline{\lambda}_{OLD} + k \cdot g_{NEW} \end{cases}$$

*K= Penalty parameter* 

g= gap

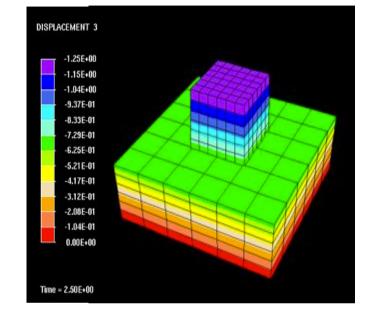
 $\lambda$ = Lagrange multiplier



# Numerical examples

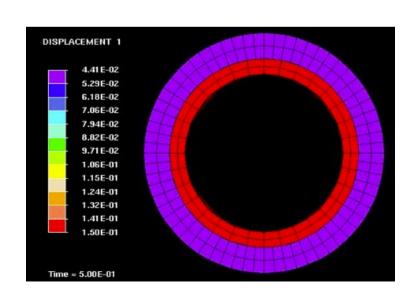
- Cube-Cube NURBS contact test
- Displacement controlled
- Benchmark test proposed by the developers

| Model                     | $\operatorname{IgA}$ | FEA       |
|---------------------------|----------------------|-----------|
| Avg iteration number/step | 2                    | <b>2</b>  |
| Gap magnitude [mm]        | $10^{-5}$            | $10^{-5}$ |
| CPU time [s]              | 0.56                 | 0.34      |



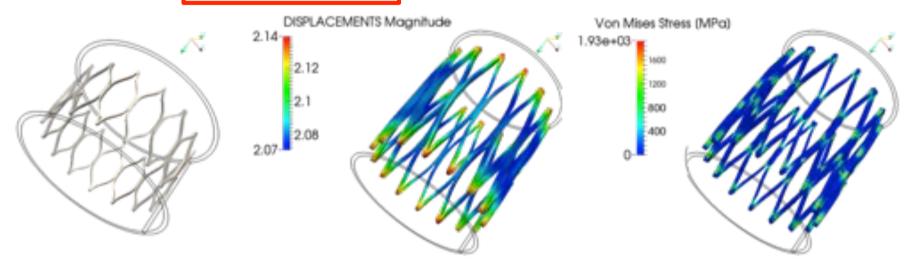
- Cylinder-Cylinder NURBS contact test
- Displacement controlled

| Model                     | Penalty   | Uszawa    |
|---------------------------|-----------|-----------|
| Avg iteration number/step | 3         | 7         |
| Gap magnitude [mm]        | $10^{-5}$ | $10^{-9}$ |
| CPU time [s]              | 33.16     | 73.64     |



# Toward real life applications

# Stent crimping CPU TIME < 2 min!



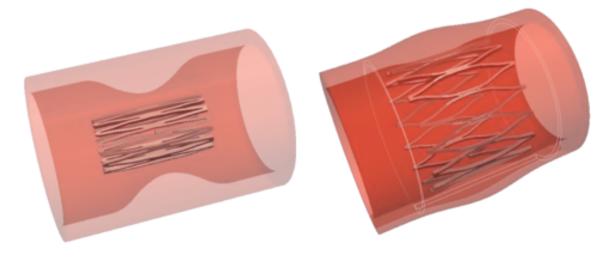
#### Stent ring implant (simplified vessel)

#### **Details**

• Stenosis degree: 20 %

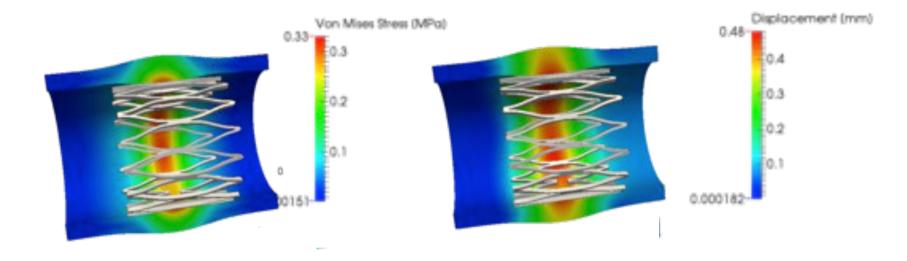
• Vessel model: Neohookean

• Stent model: Souza model

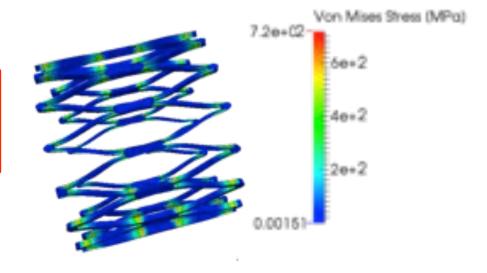


# Toward real life applications

#### Stent ring implant (simplified vessel)

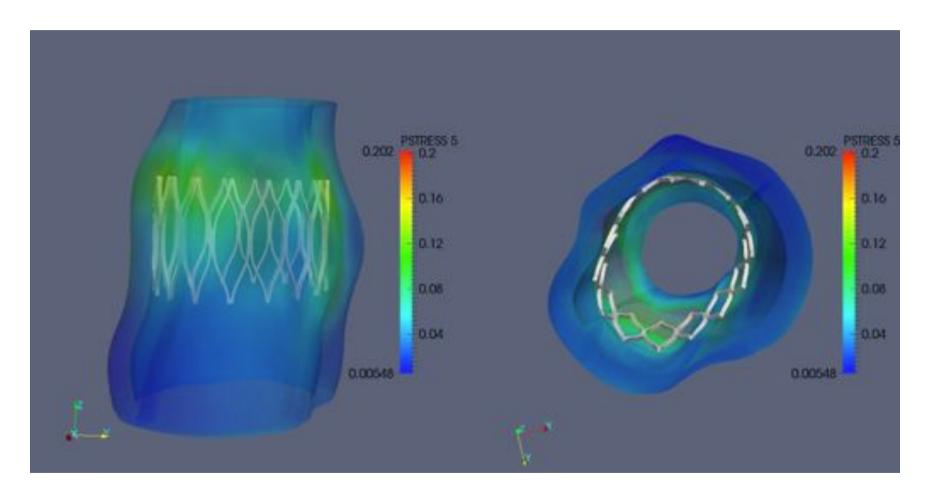


The obtained results confirm the results obtained by Auricchio et al. CMES, 2010



# On going developments

• Stent ring implant (patient specific model)



#### Final remarks

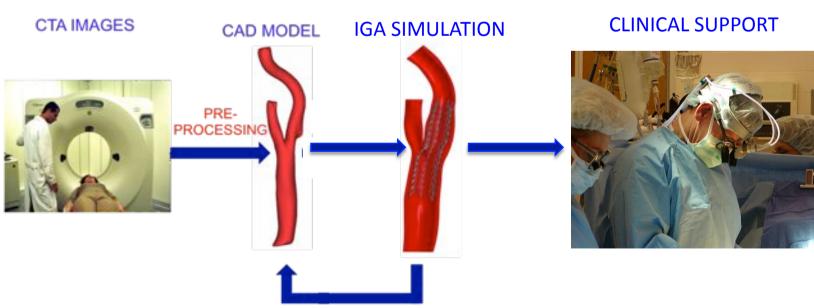
- The present doctoral research demostrated the capability of *in-silico* models to predict different complex behaviors of endovascular stents, that can have clinical relevance into determining the outcomes of the CAS procedure
- Study 1: the results confirmed the capability of dedicated FEA simulations to provide <u>useful information about complex stent features</u>.
- Study 2: this work demonstrated that novel IgA allows to get better approximation of the solution with a widely reduced number of DOF with respect to traditional FEA
- Study 3: the results coming from the IgA-based contact simulations represent a <u>promising basis for further investigations</u> and clinical-relevant simulations.

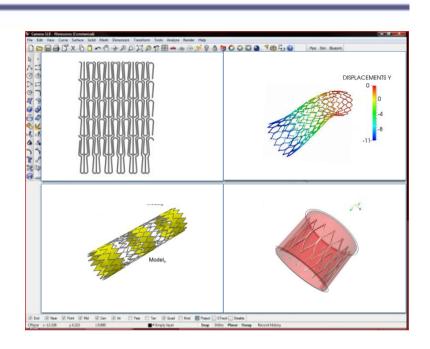
#### Final remarks

#### Future developments

- IgA computational efficiency:
  - IgA FEAP <u>parallel implementation</u>;
  - Ad-hoc <u>numerical quadrature</u>, solvers etc.
- Advanced NURBS mesh generation:
  - <u>Trimmed NURBS</u> management;
  - T-splines, LR B-splines, Hierarchical B-splines







# Thank you for your kind attention!

