

PRIN Project: Advanced mechanical modeling of new materials and technologies for the solution of 2020 European challenges

<u>Target problem</u>: *Health care devices to treat cardiovascular pathologies* (UNIROMA2 research unit)

Towards a patient-specific constitutive modeling of soft biological tissues: the multiscale structural approach

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Seminar

DICAr, Pavia, Italy Tuesday, October 29





CONSTITUTIVE MODELS OF SOFT TISSUES



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M.K. O'Connell et al., The Three-dimensional Micro- and Nanostructure of the Aortic Medial Lamellar Unit Measured Using 3D Confocal and Electron Microscopy Imaging. *Matrix Biol.* 27, 2008





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CONSTITUTIVE MODELS OF SOFT TISSUES

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... corresponding to relevant alterations in arterial mechanics

Correlation also between aortic dilation, aneurysm, rupture risk, etc. etc. and histo-chemical alterations (Bruel et al., 1998; Carmo et al., 2002; Lindeman et al. 2010)



Computer-Aided Diagnosis

The example of aneurysmal care



From *Biomechanics and Pathobiology of Aortic Aneurysms* by J.A. Phillippi, S. Pasta and D.A. Vorp

The **puzzle**:

"Our understanding of aortic diseases continues to advance as new partnerships between surgeons, biologists, engineers and mathematicians [...]."

Computer-Aided Diagnosis

The example of aneurysmal care

The **missing pieces**:

"[...] developing the enabling non-invasive technologies to measure wall stress and strain, refinement of the mathematical models and establishing links between the clinical manifestations and the biological mechanisms inciting them."



For an effective **patient-specific** simulation:

Constitutive modeling of biological tissues explicitly depending on actual histology, biological features and biochemical environment



STATE OF THE ART

Two main approaches:

1) Phenomenological laws (Fung, 1973; Yin and Elliott, 2004)

2) Structural models: incorporate structure-based parameters

(Comninou and Yannas, 1976; Lanir, 1979; Freed and Doehring, 2005; Holzapfel et al., 2000, 2002)

$$\overline{\Psi}(\bar{I}_1, \bar{I}_4, \bar{I}_6) = \overline{\Psi}_g(\bar{I}_1) + \overline{\Psi}_f(\bar{I}_4, \bar{I}_6)$$
$$\Psi_g(\bar{I}_1) = \frac{c}{2}(\bar{I}_1 - 3) \qquad \overline{\Psi}_f(\bar{I}_4, \bar{I}_6) = \frac{k_1}{2k_2} \sum_{i=4,6} \{\exp[k_2]\bar{I}_i - 1)^2] - 1\}$$

$$\bar{I}_4 = \mathbf{C} : \mathbf{A}_1 \qquad \bar{I}_6 = \mathbf{C} : \mathbf{A}_2$$

$$\mathbf{A}_1 = \mathbf{M} \otimes \mathbf{M} \qquad \mathbf{A}_2 = \mathbf{M}' \otimes \mathbf{M}'$$



CONSTITUTIVE MODELS OF SOFT TISSUES



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Double homogenization step





R

MICRO MECHANICS

- Beam theories Frish-Fay, Flexible Bars, Butterworths1962,

- Energetic approach

- Asymptotic expansion homogenization methods M. Potier-Ferry, L. Said, "Geometrical homogenization of a corrugated beam", *Comptes Rendus de l'Académie des Sciences* 314, 1992. $A \begin{bmatrix} \alpha \\ L_o \end{bmatrix}$

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f(x)=H_o \sin(2\pi x/L_o)
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M. Marino, G. Vairo, "Equivalent Stiffness and Compliance of Curvilinear Elastic Fibers", In: *Mechanics, Models and Methods in Civil Engineering* 61, 2012.



 $E_{eq}(\varepsilon_F) = E_{\ell} I_F \langle \cos \alpha \rangle \left[I_F \langle \cos^2 \alpha \rangle + A_F \langle f(x, \varepsilon_F)^2 \rangle \right]^{-1}$



MICRO MECHANICS





MACRO MECHANICS

- TRANSVERSELY ISOTROPIC MATERIAL IN LOCAL FRAME

$$\begin{bmatrix} \mathbb{L} \end{bmatrix} = \frac{1}{D} \begin{bmatrix} E_L (1 - \nu_{TT}^2) & E_T \nu_{LT} (1 + \nu_{TT}) & E_T \nu_{LT} (1 + \nu_{TT}) \\ E_T \nu_{LT} (1 + \nu_{TT}) & E_T (1 - \frac{E_T}{E_L} \nu_{LT}^2) & E_T (\nu_{TT} + \frac{E_T}{E_L} \nu_{LT}^2) \\ E_T \nu_{LT} (1 + \nu_{TT}) & E_T (\nu_{TT} + \frac{E_T}{E_L} \nu_{LT}^2) & E_T (1 - \frac{E_T}{E_L} \nu_{LT}^2) \end{bmatrix}$$

$$\begin{bmatrix} \mathbb{M} \end{bmatrix} = \begin{bmatrix} \frac{E_T}{2(1 + \nu_{TT})} & 0 & 0 \\ 0 & G_{LT} & 0 \\ 0 & 0 & G_{LT} \end{bmatrix} \qquad D = 1 - \nu_{TT}^2 - 2(1 + \nu_{TT}) \frac{E_T}{E_L} \nu_{LT}^2 \\ \begin{bmatrix} \mathbb{C}^L \end{bmatrix} = \begin{bmatrix} [\mathbb{L}] & [0] \\ [0] & [\mathbb{M}] \end{bmatrix} \end{bmatrix}$$

In the global coordinate system:

$$[\mathbb{C}] = \begin{bmatrix} \hat{\mathbb{T}}_{\sigma} \end{bmatrix} \begin{bmatrix} \mathbb{C}^L \end{bmatrix} \begin{bmatrix} \hat{\mathbb{T}}_{\varepsilon} \end{bmatrix}^{-1}$$

Stress and strain transformation matrices



MICRO-MACRO MODEL

Few parameters, experimentally measurable



MECHANICAL PARAMETERS: $E_M - E_\ell$

GEOMETRIC PARAMETERS:



	Tendon	Ref.		
L _o	240 µm	Hansen et al., 2002		
H _o	10.8 µm	Maceri et al., 2009		
r_{f}	4.0 μm	Kannus,2000		
V_f	50%	Silver et al., 2001		
v _m	0.49	Lavagnino et al., 2008		
E _M	1 MPa	Lavagnino et al., 2008		

 $E_{l}: 0.1-40 \text{ GPa} (Fratzl, 2008)$



MICRO-MACRO MODEL: RESULTS







CONSTITUTIVE MODELS OF SOFT TISSUES











FROM MACRO TO NANO MECHANICS



"TOE REGION": microscopic crimp removal



FROM MACRO TO NANO MECHANICS



"TOE REGION": microscopic crimp removal

"HEEL REGION": molecular kinks straightening (entropic mechanisms)

FROM MACRO TO NANO MECHANICS



"TOE REGION": microscopic crimp removal

"HEEL REGION": molecular kinks straightening (entropic mechanisms)

"LINEAR REGION": molecular and crosslinks straightening



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(Comninou and Yannas, 1976; Lanir, 1979; Freed and Doehring, 2005; Holzapfel et al., 2000, 2002)

The **microscale** is the lowest scale explicitly modeled only in terms of collagen orientation

$$\overline{\Psi}_{\rm f}(\bar{I}_4, \bar{I}_6) = \frac{k_1}{2k_2} \sum_{i=4,6} \left\{ \exp[k_2(\bar{I}_i - 1)^2] - 1 \right\}$$

- To date, nanomechanics is predicted by molecular dynamical simulations (MDS) (Buehler, 2008; Deriu et al., 2010)

Computational efforts of MDS make them completely useless at the macroscale

NANO-MICRO HOMOGENIZATION





NANO STRUCTURE



 $N_c = \lambda N_m$: total number of covalent bonds





KINEMATICS: Two deformation mechanisms





NANO MECHANICS: COLLAGEN





NANO MECHANICS: COLLAGEN





NANO MECHANICS: COLLAGEN



$$\overset{\sigma_m^s \quad \sigma_m^h}{\longleftarrow} \overset{\mathcal{F}}{\longrightarrow}$$

Entropic Energetic mechanism mechanism

 $\sigma_m(\varepsilon_m) = \frac{\mathcal{F}}{A_m}$ $\varepsilon_m = \varepsilon_m^s + \varepsilon_m^h$

Tangent elastic modulus in entropic elasticty:

$$E_m^s = \frac{\varrho}{A_m} \left\{ \frac{r_\ell}{2[1 - r_\ell(1 + \varepsilon_m^s)]^3} + r_\ell \right\}$$

Recovery of the classical Worm-like chain formulation (Marko and Siggia, 1995)

$$r_{\ell} = \frac{\ell_m}{\ell_c}$$

Tangent elastic modulus in energetic elasticity

$$E_m^h(\varepsilon_m^h) = \frac{\hat{E}r_\ell}{1 + e^{-k(r_\ell \varepsilon_m^h - \varepsilon_o^h)}} + \hat{E}_o r_\ell \qquad \Longrightarrow$$

Non-linearity related to unrolling of triple helices (Buehler and Wong, 2009 - Maceri et al., 2012)

$$E_m(\varepsilon_m) = \frac{E_m^s(\varepsilon_m^s) E_m^h(\varepsilon_m^h)}{E_m^s(\varepsilon_m^s) + E_m^h(\varepsilon_m^h)}$$



NANO MECHANICS: COLLAGEN



F. Maceri, M. Marino, G. Vairo "Elasto-damage modeling of biopolymer molecules response", *Computer Modeling in Engineering and Sciences* 87, 2012



M. Marino, G. Vairo, "Multiscale Elastic Models of Collagen Bio-structures: From Cross-Linked Molecules to Soft Tissues", In: *Multiscale Computer Modeling in Biomechanics and Biomedical Engineering*, Springer 2013.



NANO-MICRO-MACRO MODEL





NANO-MICRO-MACRO MODEL

Few parameters, experimentally measurable



NANO-MICRO-MACRO MODEL: RESULTS







MLU_k

MLU_{k-1}

 MLU_{k+1}



AORTIC MODEL: MULTISCALE STRUCTURAL APPROACH

- Multi-layered thick cyinder
- Each layer is a MLU
- Each MLU is a laminate
- Nano-micro-macro homogenization



Helically-Arranged-Fiber-Reinforced-Composite-Materials: HFC

AORTIC MODEL: MULTISCALE STRUCTURAL APPROACH



AORTIC MODEL

Human aorta (media) – middle age (Hallock, 1937)



Nanoscale parameters:

	Value	Reference			
ℓ_c	285 nm	Sun, 2002			
ℓ_p	14.5 nm	Sun, 2002			
ℓ_{kinks}	22 nm	Graham, 2004			
\widehat{E}	80 GPa	Buehler, 2008			
λk_{cl}	10	-			

Microscale parameters:

	Value	Reference			
L _o	3.4 μm	O' Connell, 2008			
H_0/L_0	0.3	O' Connell, 2008			
r _F	100 nm	O' Connell, 2008			

Geometry:

	Value	Reference			
S ₀	1.42 μm	Ästrand, 2008			
Ν	60	Wolinsky, 1967			
r _{p=0}	6.2 mm	Ästrand, 2008			

Boundary conditions: Free estremities

Loading: Uniform internal pressure

Material properties: Multiscale model

Macroscale parameters:

	Value	Reference				
V _f	30%	Behmoaras, 2005				
E _M	24 kPa	Ästrand, 2008				
$F(\theta_f)$	-	O' Connell, 2008				



AORTIC MODEL: RESULTS







Quantitative and qualitative indications from experimental data:

Age	λk_{cl}	H_o/L_o	L _o	V _F	E _e	Φ_{e}	S _a	$r _{p=0}$
[yrs.]	[pN/nm]	[-]	[µm]	[%]	[kPa]	[-]	[mm]	[mm]
20-23	5	0,4	2,6	40	60	0,0	0,6	5,6
36-42	10	0,3	3,4	30	80	-0,3	0,6	6,2
71-78	100	0,2	3,7	20	100	-0,6	0,7	7,4



AORTIC MODEL: APPLICATIONS EVIDENCE REFERENCE Elastin stiffness Bruel, 1997 NANO **Cross-link density** Bailey, 2001 **Age-related remodeling** Elastin content Bruel, 1997 **MICRO** Collagen content Bruel, 1997 Fiber straightening Astrand, 2001 Diameter at p=0 Astrand, 2008 MACRO Astrand, 2008 Media thickness Young (exp.) Δ 200 Middle (exp.) Ο 175 -Old (exp.) 150 Young (model) Middle (model) 125 a (mmHg) Old (model) 100 -75 · 50 · **Experimental data** 25 (Hallock, 1937) F. Maceri, M. Marino, G. Vairo, "Age-dependent arterial mechanics via a multiscale elastic approach", International 0 Journal for Computational Methods in Engineering Science 10 5 7 8 9 11 12 and Mechanics 14, 2013. r (mm)



F. Maceri, M. Marino, G. Vairo, "Age-dependent arterial mechanics via a multiscale elastic approach", *International Journal for Computational Methods in Engineering Science and Mechanics* 14, 2013.

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TISSUE DEFECT

Cross-links density defect:
$$~z=\lambda k_{cl}$$



M. Marino, G. Vairo, "Stress and strain localization in stretched collagenous tissues via a multiscale modelling approach", *Computer Methods in Biomechanics and Biomedical Engineering*, published online since 2012.

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Cross-links density defect: $z=\lambda k_{cl}$







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weak-bonds induced

covalent-bonds induced interstrand delamination

From: Buehler, *Theoretical and computational hierarchical nanomechanics of protein materials,* Progress in Materials Science 53, 2008





$$\begin{split} F_{f} &= \bar{\beta}_{m} \mathcal{A}_{c} \{ \sigma_{m}(\bar{\varepsilon}_{m}^{e}) + E_{m}(\bar{\varepsilon}_{m}^{e}) [(1 - \alpha_{1})\ell^{(n)} dw_{1}^{\prime} / \ell_{m,o} - \alpha_{1} \kappa_{m} \bar{\varepsilon}_{m}^{e}] \} \\ F_{f} &= N_{a} \{ \lambda_{c} (k_{c} \bar{\delta}_{c} + k_{c} \ell^{(n)} f_{c}(\bar{w}_{2}) dw_{2}^{\prime}) + k_{w}^{e} \bar{\delta}_{w}^{e} + k_{w} \ell^{(n)} (1 - \alpha_{2}) dw_{2}^{\prime} \} \\ 0 &\in c_{m} \dot{\beta}_{m} + \Psi_{m}^{el}(\bar{\varepsilon}_{m}^{e}) - w_{m} + a_{f} + \partial I_{[0,1]}(\beta_{m}) + \partial I^{-}(\dot{\beta}_{m}) \\ 0 &\in c_{c} \dot{\beta}_{c} + \mathcal{E}_{c}^{el} - w_{c} + a_{f} + \partial I_{[0,1]}(\beta_{c}) + \partial I^{-}(\dot{\beta}_{c}) \\ 0 &\in c_{w} \dot{\beta}_{w} + \frac{k_{w}(\bar{\delta}_{w}^{e})^{2}}{2} - w_{w} + a_{f} + \partial I_{[0,1]}(\beta_{w}) \end{split}$$

INELASTIC MECHANISMS



COUPLED MULTISCALE MECHANISMS

Softening/brittle failure Dependence on nanoscale quantities

Svensson RB, Mulder H, Magnusson SP (2013) Fracture mechanics of collagen fibrils: influence of natural cross-links. *Biophysical Journal* 104:2476-2484



Uzel S, Buehler MJ (2011) Molecular structure, mechanical behavior and failure mechanism of the C-terminal cross-link domain in type I collagen. *Journal of the Mechanical Behavior of Biomedical Materials* 4:153-161







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<u>Target problem</u>: *Health care devices to treat cardiovascular pathologies* (UNIROMA2 research unit)



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